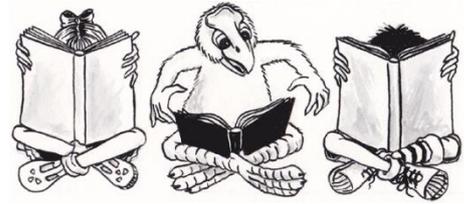


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## ***He'll Be OK: growing gorgeous boys into good men*** **by Celia Lashlie**

**Publisher: HarperCollins New Zealand**

**RRP \$34.99**

The path to manhood can be a dangerous time for adolescent boys keen to push against the restraints imposed on them by home and school. Peer pressure, hormones, access to alcohol and drugs, all present challenges and temptations that can be hard to resist. How can families help their young men safely walk the tightrope towards adulthood?

Parents of adolescent boys will welcome these 244 pages of practical, common-sense advice. Although it's primarily aimed at mothers, this book also offers fathers plenty of reassurance and encouragement. In fact, any readers involved with raising young men will find wise and sensible suggestions on how to understand and help them to become good men.

The author spent 15 years working in prisons and saw the outcome for young men who had made the wrong choices. Her unique perspective included projects where she worked to empower families, in-depth conversations with hundreds of adolescent boys in New Zealand schools, plus she raised two children on her own. All these experiences fuelled her determination to share the knowledge she had gained and to help families enable their teenage boys to grow into fine men.

The first edition of *He'll be OK*, was published in 2005 and became a bestseller in Australasia. Ten years later, this updated edition still inspires with its no-nonsense approach and perceptive insights into the world of adolescent boys. The author's wisdom and advice will continue to be appreciated by those who reflect on her words of hope to parents of young men. Celia Lashlie passed away on 16 February 2015.

**Author's website:**

[www.celialashlie.co.nz](http://www.celialashlie.co.nz)

**Reviewed by Jean Bennett**

